# **INFECTION CONTROL**

## HOW TO MINIMISE THE RISK OF EXPOSURE AND CONTAMINATION

HAZARD = EXPOSURE

Airborne - sneezing and coughing Direct contact - body fluids or contaminated items.

**RISK = CONTAMINATION** Being infected by a disease. Passing on a disease.

## FOR FIRST AID

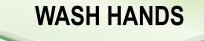
Wash hands with soap and water or apply an alcohol-based hand rub.

Use and wear Personal Protective Equipment (PPE): i.e. disposable gloves for all first aid; masks for CPR; eye protection and plastic aprons to protect from splashing.

Remove PPE carefully.

Dispose of PPE, used dressings, bandages and infectious waste in an appropriate bin or container.

Wash your hands thoroughly with soap and water.



## **USE PROTECTION**

**CAREFUL DISPOSAL** AND CLEAN UP

## WASH HANDS



Reduce exposure.

Wash your hands.





Use gloves.



Use CPR mask



Safe disposal

**Ensure Safety** for Self and Others

**Dial Triple Zero (000)** for an Ambulance

#### **IN GENERAL**

Wash your hands regularly, before eating, before food preparation, after toilet use

Immunisation - many diseases are preventable Practice hygienic food handling and preparation techniques Avoid sharing food, drinks, and personal items

Wipe away blood and spills Clean and disinfect Safely dispose of left over food and other waste

Avoid transmitting infections and contact with body fluids

These methods are STANDARD PRECAUTIONS Which are safe practices to be applied for all first aid, regardless of a casualty's infectious status.

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